



**Visit the Michigan Helping Hand Website  
for more information on the resources you need!**  
[www.michigan.gov/helpinghand](http://www.michigan.gov/helpinghand)

#### JOBS & TRAINING

\* **Look for a job** using the Michigan Talent Bank; visit [www.michworks.org](http://www.michworks.org)

#### UNEMPLOYMENT BENEFITS

\* File for **unemployment benefits** by calling 1-866-500-0017 during business hours on Th/F or visit [www.michigan.gov/ua](http://www.michigan.gov/ua)

#### HEALTH CARE

\* Contact MIChild for **health insurance** for uninsured children at 1-888-988-6300  
\* Apply for Medicaid for adults and children at the Department of Human Services

#### FAMILY SUPPORT

\* Apply for **cash and/or food assistance** at the Department of Human Services; visit [www.mibridges.michigan.gov](http://www.mibridges.michigan.gov) for an online application  
\* Your DHS caseworker may also be able to assist with **childcare** payment  
\* Visit [www.irs.gov/eitc](http://www.irs.gov/eitc) to find out if you're eligible for the **Earned Income Tax Credit**  
\* For a 3-4 day supply of **food**, visit your local food pantry; dial 2-1-1 for more info

#### HOUSING HELP

\* Persons who are **homeless** or **facing eviction** or a **housing crisis**; contact the Housing Assessment Program (HAP) at the Salvation Army Booth Family Services, 454-5840 or stop in at 1215 E. Fulton  
\* Housing crisis caused by **domestic violence**; contact YWCA, 451-2744  
\* Assistance for **runaway youth**; contact Arbor Circle, 451-3001  
\* **Rental house** listing; [www.michiganhousinglocator.com](http://www.michiganhousinglocator.com)  
\* Free assistance and information regarding **avoiding foreclosure**; contact Home Repair Services, 241-2601, ext. 0.

**For information on additional resources  
that you may be eligible for, contact the  
United Way by dialing 2-1-1 or 459-2255**

